

# THE CLARE CONNECTION

## Introducing: The Studio and The Gallery

**RENOVATIONS ARE** officially complete, and the brand-new studio is open for business.

The Clare celebrated the grand opening of The Studio and The Gallery on the 19th floor, both of which were conceived and designed by the residents themselves. Trial classes are underway, as well, with initial offerings such as silk scarf painting, watercolor, drawing and beading. Moving forward, programming in the space will largely depend on how residents want to use it.

“The residents’ involvement in the project instills a sense of pride,” Executive Director Kyle Exline says. “They want it to be successful and taken care of.”

Indeed, residents have been involved since day one.

Three years ago, a resident presented the concept of a studio at The Clare. Many residents go offsite for art classes and studio time, and the thought was that it would be beneficial to have a creative space within the community.



Residents display their artwork in The Gallery.

However, the original studio proved to be underwhelming and underutilized, prompting a call for renovations. Kyle even visited an offsite studio himself to get a sense of what was needed at The Clare. In the midst of other projects, including the addition of The Bistro and the expansion of the Lobby, redesigning the art studio fell to the back end of all renovations.

But this past January, a group of residents began to meet with an architect and interior designer to get renovations rolling. There were no limitations on the space they could create, and they picked everything out themselves, from the window shades and tables to the lighting.

“They were right in everything they wanted to do,” Kyle says.

After months of planning and weeks of construction, the finished product is simply stunning. The best part is, it’s open to all residents at all times. So when creativity calls, there’s a perfect outlet for it, day or night.

“The renovations—and the residents—really bring the space to life,” Kyle says. ☺



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Residents design silk scarves during a class in The Studio.





# Letter from Kyle

## A Community Update

**THE CLARE** has been very busy in the last 3 months! Not only have several new residents joined us, but we are also actively working to improve the services we offer. I thought it would be helpful to highlight some of the recent and upcoming changes.

### New Residents:

First, I want to welcome all of the new residents who have recently moved to The Clare. It is great to see so many new neighbors joining our community! In the last 3 months, nearly 20 people have moved in, and we now have over 300 total residents living here. We expect to be over 95% sold by the end of the year.

### Kudos Program:

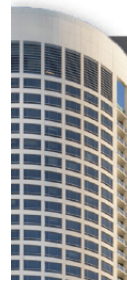
The Kudos Program has been a great success. We received an overwhelming response from the residents, with nearly 1,000 Kudos cards submitted to staff members. Personally, I want to thank you for your participation in this program. We have focused a lot of effort on our staff in 2017, and this program has greatly improved employee morale.

### The Studio and The Gallery:

Renovations are complete! Over the last few months, we converted the old studio and screening room into a brand-new studio for our residents. The hallway outside of the studio has also been transformed to showcase resident art. Both The Studio and The Gallery were designed by our residents, for our residents. I am grateful for those involved in the creation of this space. Thank you!

### New Lyft Program:

The Clare's transportation program is one of the most appreciated amenities we offer. Due to increased demand, however, it has been difficult for our team to accommodate many of the ride requests. This is why we turned to Lyft, a ride-sharing company. The Clare's partnership with Lyft allows our residents to use a new feature developed specifically for retirement communities. If you are going to a medical appointment or hospital, please let the Concierge know, and we can schedule a ride on demand with Lyft. The average wait time is typically 2 to 5 minutes, and the Lyft driver will pick you up and drop you off at your designated location. Once you are finished, call the



The Kudos Program has been a great success. We received an overwhelming response from the residents, with nearly 1,000 Kudos cards submitted to staff members.

Concierge to arrange a return ride with Lyft. We have been trialing this program for the last few weeks and have received very positive feedback. Give it a try!

### New Odyssey Interface and Work Order Submissions:

Odyssey, our resident portal, has received a makeover. The new design is cleaner and makes the site much more mobile friendly. The Clare is the first community to test the new Odyssey layout, so please provide feedback on what you like! Along with the new design comes a new feature. You will now be able to submit maintenance requests through Odyssey. The work orders will be sent directly to our maintenance staff, eliminating the need to contact the front desk. Of course, the front desk will continue to take work orders if you are more comfortable doing that, but I suggest you try the new feature on Odyssey to see how it works.

As always, keep us updated on what is working and what services you would like to see. Your feedback continues to drive The Clare forward. ☺

KYLE EXLINE, Executive Director



THE CLARE  
Gold Coast  
Retirement Living  
Your Way

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# News from Your Council & Committees



Resident  
Advisory Council  
**CHRIS LYON**, RAC President

**THE RESIDENT ADVISORY COUNCIL** held its annual election to fill the seats of three Directors that had terms expiring in May. **Christine Lyon** was re-elected for a second (and final) term, and we bid a fond farewell to **Jerry Talen** and **Joyce Saxon**. The newly appointed officers are Christine Lyon as President, **Sheldon Stein** as Vice President, **Sheila Rock** as Secretary and **Karl Zeisler** as Finance Officer.

Subsequent to the meeting, the By-Laws were revised by vote. The Terraces Committee was renamed Health and Wellness and a new committee was created: Hospitality. The latter is a spinoff from the Marketing Committee and focuses on the wonderful new residents who have joined the Clare in the last few months.

Also subsequent to the meeting, Karl Zeisler resigned from his position on the Council. The Council offered his Director position to **John Kern**, who graciously agreed to serve the balance of Karl's term, which runs until May 2019. Chris Lyon will act as Finance Officer in the interim.

We urge you to attend the monthly meetings, normally held on the first Tuesday of the month. Each meeting includes an open forum where you can ask questions and air concerns. If we can't immediately provide an answer, we promise to get back to you. We're here to serve you. And to all new residents: welcome to the Clare! ☺



Marketing and  
Communications  
Committee  
**DOROTHY PIROVANO**, Chair

**IF YOU LIKED** Vertical Block Parties, then you'll love Vertical Open Houses. Plans are brewing for open houses held one tier at a time (e.g. all the '02s invited at a time). Residents can open their homes to neighbors, with several scheduled for each event. Look for more information as we work through the details. In the meantime, think about volunteering for the event! ☺



Health and Wellness  
Committee  
**SHEILA ROCK**, Chair

**THE HEALTH AND WELLNESS COMMITTEE** was formed to provide information to all residents about the various health services available at The Clare. The committee's purpose is to encourage interaction between independent living residents and The Terraces. To that end, we will be encouraging all new residents to take a tour of the Terraces, offered monthly.

A new program, Friendly Neighbors, was also introduced in July. A Friendly Neighbors community greets memory concerns with understanding and support. This is sure to be a helpful program for all residents.

Another initiative is to stress the importance of having legal documents pertaining to health care in place before actually needing them. We hope to hold several informative sessions on this topic in the future. ☺



Dining Committee  
**HAPPY PROSS**, Chair

**THE DINING COMMITTEE** recently hosted the annual Employee Appreciation Breakfast. It was a rousing success! Thanks to the generosity of the residents, we collected enough to supply a magnificent spread, with food contributions from both loving hands at home and Mariano's Catering Service. Enough money remained to make a sizable contribution to The Clare Foundation. Thank you to everyone who helped. We are grateful to you all! ☺



Life Enrichment Manager Nikki Gamble, Assisted Living Clinical Manager Iride Martinez and Life Enrichment Assistant Katie Alberson fill their plates at the Employee Appreciation Breakfast.

## Resident News



Trudy Mack receives a prestigious award.  
*Photo courtesy of Loyola.*

### Trudy Mack Receives Award from Loyola

**Trudy Mack** earned the Loyola University School of Social Work's Damen award for her 72-year career in social work. She celebrated the achievement along with 27 family members and her former boss in June at Loyola's Founders' Dinner. ☺



Bob Spieler prepares for his Honor Flight.  
*Photo courtesy of Honor Flight Chicago.*

### Bob Spieler Takes His Honor Flight

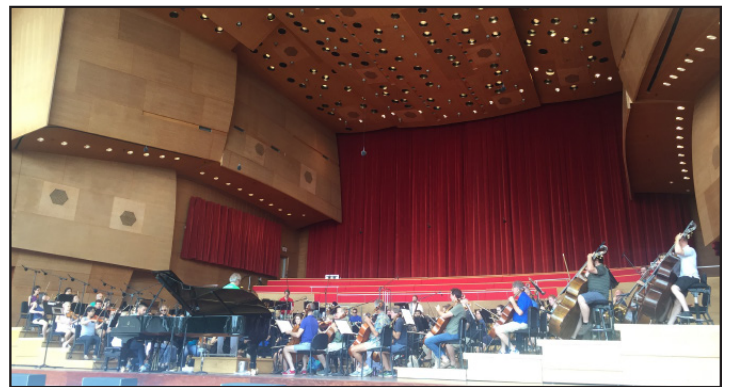
**IN MAY, Bob Spieler** received the recognition he has lacked for his two years of service during the Korean War thanks to his Honor Flight, an all-expenses-paid visit to Washington, D.C. for a day of honor, remembrance and celebration. The trip was conducted by Honor Flight Chicago, a nonprofit seeking to recognize World War II and Korean War Veterans throughout the Chicago area.

## Residents and Grandchildren Enjoy Special Grant Park Music Festival Day

**RESIDENTS AND THEIR GRANDCHILDREN** had the opportunity for a private, up close and personal experience with the Grant Park Music Festival in June. They enjoyed a private, interactive performance from the Project Inclusion String Quartet, as well as front-row seats to an open rehearsal with the Grant Park Orchestra at the Jay Pritzker Pavilion in Millennium Park.



Pat and Cliff Terry participate in an interactive music session with their grandson.



The Grant Park Orchestra performs during an open rehearsal in June.



Residents and their families listen to the Project Inclusion String Quartet.



Becky Davidson poses in front of a pyramid in Egypt.

## Becky Davidson Urges Others to Visit Egypt

**IN MARCH**, **Becky Davidson** and her sister traveled to Egypt and Jordan for a 16-day trip, which she calls “a grueling educational experience.” Highlights of the journey included the Pyramid of Djoser at Saqqara, the Great Pyramid of Giza, the Great Sphinx of Giza, the Mortuary Temple of Hatshepsut, the Valley of the Kings and the Valley of the Queens and various ancient Egyptian temples. Becky and her sister also cruised along the Nile River and visited several museums.

Over the course of the trip, the pair felt safe and welcome. Museum security can be compared to that of the Art Institute of Chicago, Becky says, and they were accompanied by a security guard as they traversed ancient sites. She even encountered several local Egyptians who thanked her for coming and told her how welcome she was. Plus, Egypt proves a cheap place to travel, as the U.S Dollar is strong against the Egyptian Pound.

“I recommend going to Egypt because it is historically significant and exquisitely beautiful,” she says. “Now is the time to go – you’ll love it.”



Bert Cohn snaps a photo while in Bryce Canyon National Park.

## Bert Cohn Takes Solo Road Trip

**Bert Cohn** headed out on a solo road trip west in early June to visit national parks in Utah and Arizona. Included in his itinerary were Arches National Park, Canyonlands National Park, Bryce Canyon National Park, Zion National Park, Grand Canyon National Park and Petrified Forest National Park, as well as Natural Bridges National Monument. ☺



Current board members and Clare staff Cathy Milano and Colleen Habing join Elizabeth Grady to celebrate her years of service.

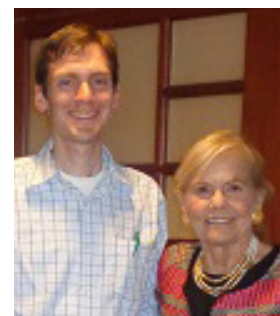
## House of Good Shepherd Honors Elizabeth Grady for 50+ Years of Service

**IN JUNE**, The Women’s Board of House of Good Shepherd honored **Dr. Elizabeth Grady** for her 50+ years of service. The House of Good Shepherd is a nonprofit organization in Chicago serving as a domestic abuse shelter.



Virginia Wolff, Barbara Bernard and Beverly Rodgers enjoy a docent-led tour of the Anderson Japanese Gardens in Rockford. Several Clare residents joined a group from Fourth Presbyterian Church for the trip.

## Carlotta Maher Invites Speaker for Ancient Mesopotamia Lecture



Carlotta Maher poses with Sam Harris, Ph.D. candidate in Mesopotamian archaeology at the University of Chicago.

**Carlotta Maher** welcomed Sam Harris, a Ph.D. candidate in Mesopotamian archaeology at the University of Chicago, to The Clare for a presentation about ancient Mesopotamian artifacts housed at the Oriental Institute Museum. Residents also took a trip to the museum in June.



# Artist Profile

## Jim Stack: From Napkin Sketches to Charcoal Portraits

**IF YOU HAD ASKED CLARE RESIDENT Jim Stack** years ago how he might fill his time during retirement, drawing most certainly would not have topped his list.



Jim Stack

He recalls a time in grade school, when he had to sketch a tree and adorn it with papier-mâché blossoms. He remembers being chided for his inability to draw the tree properly, and he believed the experience sealed his fate: Drawing didn't seem to have a place in his future.

"I hated that project," he says. "I thought it was the silliest thing. But through my

life, that was in my mind, that I couldn't even draw a tree."

When Jim retired in 2000 after a lengthy career in fundraising and public relations for hospitals, however, he found himself at a loss for what his next chapter had in store. As he contemplated what his retirement might entail, he couldn't help but consider art.

"I'm fascinated by the human face," he says. "I used to sit in restaurants and sketch out faces on napkins because it was so interesting to me—different expressions and different looks."

With an entirely new life ahead of him and no background in art, Jim took a leap. He decided it was time to learn something about what he had always believed he couldn't do. He began taking art lessons, moving from landscapes and still life to figure and portrait drawing using charcoal and pastels. The latter captured his attention most, and he stuck with it.

While working on a portrait one day, Jim's art teacher commented that his drawing style seemed very sculpture-esque and encouraged him to bring materials to class to mold a head. Jim obliged and found that he loved this art form as well, so he started doing some sculpting work with terra cotta clay.

"It amazes me that I've been able to do the things I've been able to do with absolutely no background," he says.

Over the years, Jim has gone from pure charcoal drawings to pastels and in the past few months, back to charcoal. Initially, he was afraid of color, but he eventually graduated

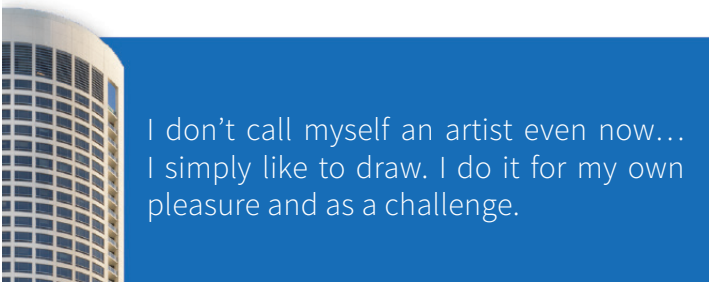


into pastels. With a color blindness of browns and greens, though, it was always frustrating trying to get his drawings the way he wanted them. For that reason, he was compelled to return to charcoal.

"I was spending all my time trying to figure out the colors, and I wasn't doing the drawing the way I wanted to do it," he says. "My charcoal style is different now, too. It's a lot lighter than it was before. It's a constant learning process, and that's what keeps your mind going."

Jim maintains one strict rule in the portraits he creates: He never depicts people he knows. Rather, he sticks to models, drawing exactly what he sees, free from expectations.

"It doesn't come out the way they want," he says. "They have a certain idea of what they look like, and that may not be what I draw."



I don't call myself an artist even now... I simply like to draw. I do it for my own pleasure and as a challenge.

Though his subjects are never people that he, his family or friends know personally, he's been surprised by the emotions and stories his drawings evoke. His favorite portrait prompted fellow Clare resident Sally Kinnamon to create a backstory about the woman in the drawing. What resulted was a poem about an immigrant named Agnes.

"She saw things in that drawing that I had never thought of," Jim says. "It's hard to believe I was able to create something that would produce that kind of poem."

There's a certain element of surprise that goes along with embarking on a new drawing, too. There's always something that stands out about the model, Jim says, that makes him wonder whether he'll actually be able to get it down on paper.

"Each time you do it, you're looking at a blank piece of paper, and you're looking at a person," he says. "What you see isn't necessarily what you've seen in the last person



Dana

you drew. We've even had the same model recurring a number of times, and I always seem to see something new in the way the person looks, or the way I'd like to make him or her look."

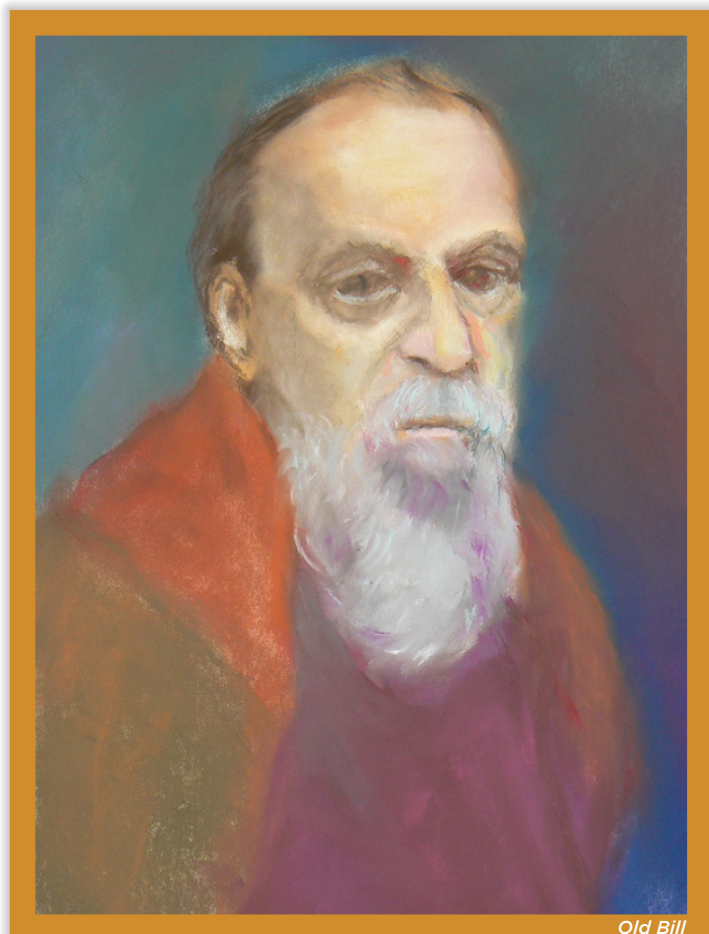
In one instance, he drew an average man with a beard and red shawl as a Cardinal or some other religious entity. When he drew the man's wife, he thought she looked like an old-time Italian movie star and he focused on that. Other times that Jim drew the woman, he didn't take quite the same approach.

One might say Jim's creativity in his artwork stems from these interpretations. But his one wish in his drawing is that he had the ability to be freer or more abstract.

"I always have to have something to base my drawings on," he says. "I admire people who can take things to the next level."

In all that he does, Jim doesn't seek fame or glory. He doesn't need to put his work on display for gratification. He stores his drawings under his bed and destroys all of his sculptures.

"I don't call myself an artist even now," he says. "I simply like to draw. I do it for my own pleasure and as a challenge." ☺



Old Bill



# Resident Profile

## David Maher:

### An Insider's Look at the Evolution of the Internet

**CLARE RESIDENT David Maher** has had a full life and a distinguished career.

He graduated from Harvard College with a degree in classics (Latin) and went on to Harvard Law School. His biography could place him among the most notable "Who's Who of American Attorneys." David has been as a successful registered patent attorney. He is admitted to the bar in New York, Illinois, Wisconsin and the United States Patent and Trademark Office. He served for more than 20 years as general counsel to the Better Business Bureau of Chicago and Northern Illinois and received the bureau's Torch of Integrity Award in 1999.

But of all his life accomplishments, David (arguably) most enjoys sharing his story of how, over 20 years ago, he became involved in the beginnings of a technology that would literally change the world and the way we communicate: The Internet.

David's journey started in 1994. He had just received his first issue of a new magazine called Wired. The first article he read was by journalist Josh Quittner, who wrote about some amusing conversations he'd had with the McDonald's Corporation. Ironically, David was the outside trademark counsel for McDonald's at the time. Quittner, speaking with a media relations representative, asked whether McDonald's cared about a "domain name" on the Internet.

"The answer from McDonald's was along the lines of 'What is the Internet?'" David chuckles.



David Maher

Quittner went on to register McDonalds.com and wrote the article David was reading. In the article, he mentioned that he might auction off the domain to Wendy's or Burger King. "As I read this, I thought 'Oh, no, this is a problem,'" David says. At that moment, his office telephone rang. "It was my client, McDonald's," David says. "The first question was, 'Have you ever heard of Wired magazine?'"

This started David down a path he never expected to travel. At the time, he knew practically nothing about the Internet. As he began educating himself, he discovered his wife, Carlotta, who was working at the University of Chicago's Oriental Institute, had her own Internet address for scholarly use. "I was very jealous," David says, "In 1994, it was not possible for most people to have an Internet address. It is hard to believe, but at that time, there was

still a policy that the Internet was not to be used for commercial purposes."

In his research, he soon learned about rampant "cybersquatters." These people knew very little about the Internet, but understood the value of famous trademarks. "They were grabbing domain names right and left," David says. "Unauthorized people were registering names like coke.com, xerox.com, ford.com and so on."

As a trademark lawyer, he knew that that these were clearly infringements, but he found there were no laws on the subject and no court decisions since the Internet was so new. David brought his concerns to the International Trademark Association (where he was a member), which was already planning on forming an "Internet Subcommittee." David was asked to be a co-chair.

The subcommittee started to become David's main focus. Over the next few years, as the Internet was exploding, David became a key figure in setting policy, adhering to trademark law and battling cybersquatters.

In 1995, a trip to Dublin to speak at a conference proved to be fortuitous. He met several colleagues on a pub crawl (they were in Dublin, after all), and they created the basic concepts of coordinating the registration of domain names. "Over pints, we argued about different ways of administering the technical side of the Internet's domain name system," David says. "We agreed on the outline of a plan that became the structure of the organization that now does the technical coordination."



# Bon appétit!



BY 1996, David became a founding member of the International Ad Hoc Committee, which aimed to restructure the entire domain name system. And by 1997, the committee came up with an agreement would do two things—first, restructure the domain name system by adding new domains (.info, .store, etc.) and second, create a system for getting rid of cybersquatters.

David went on to serve as vice president for public policy of the Internet Society and in 2002, he became a founding director of the Public Interest Registry (the nonprofit operator of .org, .ngo, and .ong domains. Since 2004, he has served as senior vice president for law and policy there.



As for McDonald's, the reporter who originally purchased mcdonalds.com eventually agreed to turn over the domain name to the McDonald's Corporation in exchange for a gift to his favorite charity. "McDonald's gave approximately \$5,000 and some computer equipment to a public school in a poor section of Brooklyn, and everybody was happy," David says with a sigh of relief.

If all this sounds exhausting, you're right. That's why David and Carlotta, his wife of 63 years, enjoy their relaxing life at The Clare. "The location, the décor and amenities, the dining options, and the friendly staff and residents were all important factors in choosing to live at The Clare," David says. Not to mention the high-speed Internet connection. ☺

A small group of residents visited the Alliance Française de Chicago on July 14 to celebrate Bastille Day! The visit included a tour of the facility and a mini French lesson, as well as an interactive cooking experience. The menu consisted of Quiche Lorraine (with bacon, onion and Swiss cheese), Quiche Aux Poireaux (with leeks) and madeleines for dessert.



Linda Brooks cooks bacon as a filler for her quiche.



Jeanne Izen and Marilyn Schmitt work together to shape their quiche dough.

Linda Brooks watches as Jeane Bertsch prepares dough for her quiche.



Jean Izen, Marilyn Schmitt, Linda Brooks and Jeane Bertsch celebrate Bastille Day at Alliance Française de Chicago.



# Around The Clare



Pat Terry, Cliff Terry and Joanne Celewyczc compete on behalf of The Clare.

The Clare challenged our neighboring LCS community, Sedgebrook to a friendly **Aqua Volleyball Tournament**—followed by a **Beach Bash**, of course!



The Clare's aqua volleyball team awaits a serve from Sedgebrook.



The competing teams gather for a group photo.

A little rain didn't stop residents from enjoying the annual

## Garden Party!



Marilyn Day



Members of The Clare Garden Club



Heather Ebner, Herman Ebner and Kathryn Brown



Charlie Shulkin and Susan Youdovin



Elizabeth Grady and Marilyn Schmitt



Doris Harris and Kelly Tunney



The winning team: Karol Moller, Rich Kaczmarek, Barbara Bernard and Bill McHugh



Dee Lyne and Joyce Saxon



Bob Schwartz, Bob Brooks and Linda Brooks



Administrator Ashleigh Guerin, Director of Nursing Cesar Osorio II, Director of Human Resources Michael Plowman and Executive Director Kyle Exline



The Clare honored residents who had careers in nursing with a **Nurse Appreciation Tea!**



Nurses of The Clare



Mary Ellen Streit, Rita Bakewell, Lois Gallagher, Sally Kinnamon and Marlene Bailey



Lois Gallagher

# Department Updates

## KUDOS Program Draws to a Close

**Michael Plowman**, Director of Human Resources, reports the success of the KUDOS program:

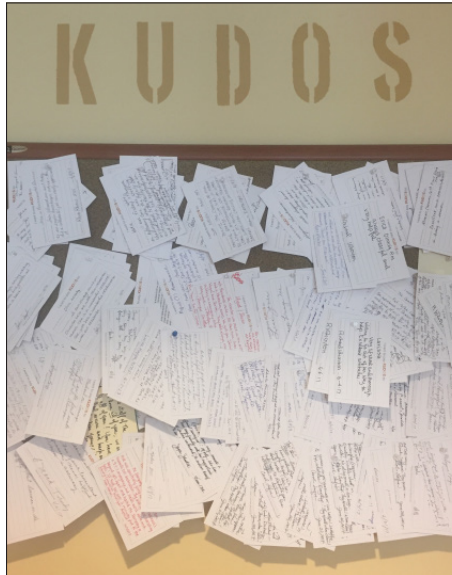
“As the KUDOS program comes to an end, I thought it would be beneficial to provide a rundown of its impact on The Clare. We have a lot to be proud of—I never thought when I created this program that it would do as well as it has.

We ended June with just short of 1,000 KUDOS card entries, with many more returned in July. Our team members seem happier than I have ever seen before. They enjoyed writing KUDOS cards for their peers, and did I mention the candy bars they received? It was absolutely amazing to see how many of our residents participated in this program, as well.

They made it the success that it became.

We have incredible residents, and I thank you for all that you do to make The Clare a wonderful place to live and a wonderful place to work. I know all of our employees leave each day knowing they made an impact on our residents’ lives.

Even though the program has ended for the year, keep those praises coming, as our staff soaks it up! I look forward to another successful KUDOS program beginning in April 2018.” ☺



KUDOS cards posted in the Employee Lounge in July.

## Welcome to New Residents

**Lynne Lukas**, Director of Marketing, welcomes new residents to The Clare:

“I would like to welcome all of our new residents who chose The Clare as their home. Interest in our community has never been higher. A special thanks to our residents and our outstanding staff in helping the marketing team exceed their goals!



Residents welcome newcomers at happy hour.

Of the new residents, six were referred by current ones—a true testament of resident satisfaction. And The Clare continues to draw interest from around the world, with some new residents originally from Europe, Asia and even Australia!” ☺

## Busy Summer for Life Enrichment

**Lori Griffin**, Director of Life Enrichment, details a busy summer at The Clare:

“From Rush Hour Concerts at St. James Cathedral to evening performances at Grant Park, residents have been soaking up all the city has to offer this summer. Programming here at The Clare continues to offer diverse and fun opportunities, as we held our first-ever Trivia Night and celebrated the start of summer with the annual Garden Party on the 9th floor Terrace.

One major announcement is that The Clare has partnered with Lyft to increase our transportation options. We will be utilizing Lyft for medical appointments, which significantly increases our ability to grant medical ride requests with shorter notice, as well as offer return rides.

Plus, The Studio is now open and ready for creativity. We enjoyed the first exhibition of The Gallery featuring Resident Artists’ Favorite Works, and several classes have already been offered in the new space.” ☺



The Studio is now open and ready for creativity.