




THE CLARE

# CONNECTION

WINTER 2020 Issue 217





## LETTER FROM KYLE



Kyle Exline, Executive Director



THE CLARE

*Gold Coast Retirement Living Your Way*

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**R**eady or not, 2020 is off and running. Starting a new year is always exciting, as it allows you to reset goals and develop strategic plans for the upcoming year. The Clare once again has several significant upcoming projects, and each department is always working to improve services.

### Renovations

The Clare's biggest project over the next few years involves exterior work on the building. As the community is now over 10 years old, it's natural that it has endured cracks and other façade imperfections that now need to be addressed. This is a major project that is still in the planning phases. In 2020, we anticipate that repair work will begin in the garage to help fix our drainage system and repair cracks in the concrete, but overall, completing all façade repairs will take 3 to 5 years.

Inside The Clare, the focus will be on the Oxford Room. This space is one of the last common areas that still has original carpet and furniture. While it has held up remarkably well, we do need to make changes to get us through the next 10 years. This project is similarly still in the planning phases, but we expect it will start to unfold this summer. Residents will take a greater role in this design work to ensure we are thoughtful on changes we make.

Another pending project is updating the hallways of each residential floor from 21 to 52. As you can imagine, this is another complex project that requires significant planning. I anticipate a 2020 start, but there's always the possibility that this particular project gets pushed, depending on the progress of others.

Finally, in The Terraces, we will make updates to the Assisted Living floors and the 16th floor this year, as well.

### Resident Satisfaction Survey

Originally, we planned to conduct this survey last fall, but with the ownership changes, we were pressed on time to properly roll out the survey. However, we do plan to conduct it this spring. This survey asks questions on every department and service that we offer, and our goal is for everyone to complete a survey. The results we receive help us to identify which areas are performing well and what needs more attention. I look at the survey like a report card, as it gives us a good snapshot of our resident opinions and pushes us to continuously improve.

We're looking forward to another great year for The Clare. As always, our community thrives with resident feedback and communication. Never hesitate to contact me directly at [kexline@theclare.com](mailto:kexline@theclare.com) or (312) 784-8001. ☺

*Kyle Exline*

## NEWS FROM YOUR COUNCILS & COMMITTEES



### Marketing and Communications Committee

Dorothy Pirovano | Chair



### Health and Wellness Committee

Linda Chinn | Chair



### Resident Advisory Council

Chris Lyon | RAC President

So you don't buy big boxes of Cheerios or Wheaties for your breakfast, and you are using that as your excuse for not clipping and saving BoxTop4Education coupons. For newcomers, we collect these coupons (available on all General Mills large size boxes of cereal and many other General Mills products) and give them to McClellan School on the South Side, where some Clare residents volunteer to read with kindergarteners. Each coupon is worth 10 cents, and they are redeemed by the school to purchase supplies. There are many General Mills products that have these coupons, so if you do buy some grocery and household items, you might look for the ones listed here. And please ask your kids and grandkids to join in the effort so we can really help this school out!

Most Pillsbury products have BoxTop coupons. In addition, look for them on these products: Yoplait yogurts, Fiber One and Nature Valley snacks, Old El Paso products, Hamburger Helper and similar products, Nestle Pure Life Water, PaperMate school and office supplies, and Lysol brand cleaning products.

Deposit your coupons in the collection boxes located in the Business Center, on the credenza outside the chapel on the 19th floor and in the Fitness Center. The kids at McClellan thank you! ☺



The Health and Wellness Committee has long been discussing how to increase Independent Living residents' awareness and comfort with The Terraces. We also have focused on how to distribute information and dispel rumors.

In October, we organized a tour of The Terraces, with Terraces staff and a committee member conducting the tour. Everyone who participated visited the Assisted Living floors (including Memory Care), the Skilled Nursing Floors, the therapy facilities, and common areas. Additional tours will be scheduled throughout the next year, so keep an eye out for sign-ups.

Otherwise, we have found that rumors about The Terraces abound. That's why Administrator **Monica Rusboldt** and Social Worker **Mallory Patera** gave a presentation titled, "Terraces: Rumors Uncovered!" An outline of their presentation is posted on Odyssey or can be obtained from Monica, Mallory or me.

In March, Assisted Living Manager **Emily Delaney** will present on Assisted Living in The Terraces to describe services, answer questions and address rumors about Assisted Living and Memory Care. Meanwhile, Monica and Mallory will present again in May to provide more information, discuss additional rumors and obtain suggestions. They are eager to hear your thoughts.

In addition, the Committee is launching a new program, "Visiting Neighbors." Committee members will visit Independent Living residents who are temporarily in The Terraces. The purpose of the program is to talk with patients about their stay and listen to any non-medical issues or frustrations. Only residents who wish to receive these visits will be included in the program.

We welcome your thoughts on how the Committee might better communicate with residents about The Terraces. ☺

Your Council has initiated an addition to the regular agenda. In addition to the usual reports from Committees and Management, we have invited guest speakers on topics we feel are of interest to all of us. **Michael Plowman**, Director of Human Resources shared with us the challenges he faces in this economy to find quality employees. **Francesco Tardio**, Director of Dining Services walked us through what it takes to serve thousands of meals each month. He is responsible not only for the Independent Living residents, but also for everyone residing in the Terraces, from Assisted Living to Skilled Nursing and everything in between. **Bryan Oyervides**, Purchasing Manager described the way his position came to be and the savings he's already achieved without diminishing the quality we all expect.

We will continue with guest speakers, but the next big action item coming up is the election of Directors in May. Every year, three directors rotate off and we go through the process set out in our by-laws to make sure we have a full roster. The Directors whose first terms are up (you can serve up to two full consecutive terms) are **Ken Mullin** and **Happy Pross**. I will be leaving the Council, as this will be the end of my second term.

You will soon receive information on what to do if you want to run for the Council, along with a timeline of events. I've enjoyed being on the Council and invite everyone who hasn't had the pleasure of serving to consider doing so. You learn a lot and gain a different perspective of what it takes to keep The Clare operating at its high level. Hope to see you at the next meeting. ☺



## RESIDENT NEWS



The Camerata Chicago Music Director Chair will now be dedicated to Clare resident Joyce Saxon, in recognition of her commitment and love of Camerata Chicago and with gratitude for the first legacy gift bequeathed to the Camerata Chicago. The dedication took place at the Saxon Series: Complete Bach Brandenburg Concerti performance in Chicago. Joyce's legacy gift also provides for The Saxon Series, an annual concert series. 🎵



Friday, February 7 was Wear Red Day for the American Heart Association to raise awareness for cardiovascular disease, the leading cause of death among women. Clare residents sported red to show their support! 🍷





Rosemary Tegano, Dee Lyne, ML Karth, and Marlene Bailey show off their completed pieces after another successful Sip and Paint night in December at The Clare with local artist Val McCune. ☺



Clare resident Carol Feiser Laque recently released a new published collection of poetry, *Keeping Time*. Carol celebrated the release with a poetry reading at The Clare in February. ☺



Several Clare residents braved inclement weather in late October to visit the Chicago Botanic Gardens in Glencoe. Left to right: Linda Brooks, Bob Brooks, Beverly Rodgers, Virginia Wolff, Bea Lehman, Carlotta Maher, and Chuck Rosenak. ☺



Ron Orbaugh, Jack Turner, Suzanne Turner, Kathleen Hotton, and Judy Newell enjoyed drinks and dessert with pianist Mio Nakamura after her performance at The Clare in January. ☺



Three original Clare residents (Jim Stack, Sally Kinnamon and Leon Diamond) came together to celebrate Leon's 96th birthday in January. ☺



# OVER A DECADE

Creativity, in whatever form it takes, does not stop at a particular age but continues for a lifetime. Residents at The Clare prove this to be true, and they also demonstrate that it is never too late to begin or revive creativity, no matter how it is expressed.

“Artists do not retire from doing artwork, just as writers do not retire from writing, nor musicians from playing their instruments,” says resident **Catherine Keebler**. “As they age, they find new ways to work and express themselves.”

For more than a decade, Clare residents have graced the community with their creative talents. Here, residents who have moved to The Clare over the years share their favorite artworks and what their craft means to them, specifically in retirement. ☺



**Catherine Keebler, *Pastel***

*Moved to The Clare in 2008*

“Art is not a hobby to me, but a profession. I was a nurse, a cytotechnologist, a registrar, and now an artist.”



**Ed Wentz, *Watercolor***

*Moved to The Clare in 2016*

“My style is the way I talk in paint. Starting a new watercolor is like starting a new adventure. From there on, the painting takes on a life of its own. Painting is my daily inspiration.”



**Wendy Geyer-Nixon, *Watercolor***

*Moved to The Clare in 2014*

“Retirement, among other things, is an important time of meditation and reflection, and for me, art is the perfect avenue for that purpose. Each piece that I create reminds me in some way of my life purpose and teaches me new facets of joy and acceptance.”

# OF CLARE ARTISTS



**Beth Mitchell, Greeting Cards**

*Moved to The Clare in 2018*

"Working with color, pattern and texture gives me joy in expression. Beyond that, I like working out a mechanism that includes a particular fold. If the recipient gets pleasure from it, my satisfaction is doubled."



**Beverly Rodgers, Photography**

*Moved to The Clare in 2015*

"Like painting, photographic art depends on light and composition. To me, this favorite picture of a lotus blossom taken early one morning is artful. It is why I became interested in photography many years ago and why I still seek the light and composition."



**Linda Alexander, Art Historian**

*Female Figure by Diego Velázquez*

*Moved to The Clare in 2010*

"Any engagement with art is an intimate one to exchange. Against life's raw deal, art remains our handmade firewall. I'm but a receiver, not a creator."



**Bea Lehman, Pottery**

*Moved to The Clare in 2009*

"I did pottery as a hobby. Throwing an object on the wheel is fun, not to mention relaxing. I never had time to do it before I retired."



**Jim Stack, Terra Cotta**

*Moved to The Clare in 2008*

"Retirement gave me the opportunity to explore a side of me that I never understood. I could learn to turn "napkin doodles" into actual portraits. Later, I explored sculpting in terra cotta. A side benefit has been the opportunity to make new friends with fellow artists."



## AROUND THE CLARE



*Clare Foundation Board Members  
Nancy Vincent, Ruth Nelson, Barbara  
Bernard, Sally Schwartz, Karol Moller,  
Joe Bosco and Steve Molinari*



*John Farmer and Nancy Vincent*



*Cynthia Bennett and Ruth Nelson*

### Another Successful Holiday Gift Distribution by The Clare Gift Trust

The Clare Gift Trust received over \$300,000 in generous donations from residents to provide holiday gifts to hourly employees.



*Heidi Aylesworth and Steve Molinari*

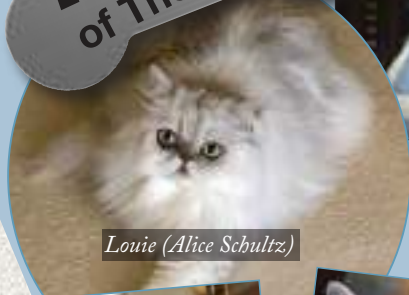


*Sharon Hill and Sally Schwartz*



*Gloria Garcia and Nancy Vincent*

meet a few of the dogs and cats who also call The Clare home!



*Louie (Alice Schultz)*



*Maddie (Bill and Elizabeth Conley)*



*Weezie (Happy Pross)*



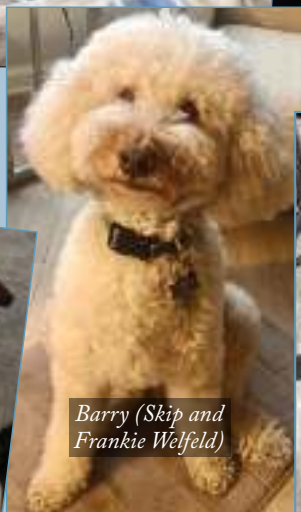
*Diaz (Susan Haddad)*



*Darling (Dr. Mary Davidson)*



*Furlana (Sally Kinnamon)*



*Barry (Skip and  
Frankie Welfeld)*



*Sweets (Mary Ellen Streit)*



*Bella (Elizabeth Aaron)*



# Valentine's Day

AT THE CLARE

The pink Stan's Donuts van is out of service this year, so The Clare changed up our Valentine's Day tradition by bringing a Stan's Donuts Pop-Up Shop to the community! Residents enjoyed a variety of free donuts, milk and coffee in the Ambassador Lounge to celebrate!



Laurel Blau



Andy Poznanski, Jack Jennings,  
Steve Molinari and Ron Orbaugh



Sue and Wayne Vantluka



Kay Hart and Nancy Ryan



Ralph Niebling



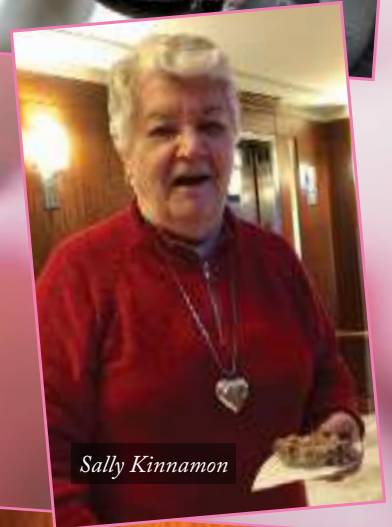
Marilyn Schmitt, Luise Kappe and Edna Schade



Sally Park



Joanne and Tom Daly



Sally Kinnamon



Jean Izen, Mary DeFilippis, Lillian  
Scommegna and Ruth Geisenheimer



Bob and Linda Brooks





## Luise Kappe: Reflections on a Career as a Mathematician

*A*s a female in the male-dominated field of mathematics, Clare resident Luise Kappe faced her fair share of challenges. But her unexpected passion for the subject served as her driving force for more than 50 years in the field.

Born in Germany before World War II, Luise grew up with a greater interest in physics and chemistry than in mathematics. The latter she found boring, in fact. But when she studied at the University of Erlangen to become a high school teacher and had to declare which subject she wanted to teach, she decided on physics and mathematics. This choice shaped not only her career, but her entire life.

"Sometimes fate makes decisions for you," Luise says. "I've always compared mathematics to composing music. It's a very creative process. You have your freedom of what you put down based on logic."

Upon graduation, Luise was invited to complete her Ph.D. at the University of Freiburg. While there and working at a research institute, she met her husband, a fellow mathematician. After receiving her Ph.D. in 1962 and getting married shortly after, Luise and her husband immigrated to the United States.

The pair first served on the faculty at Ohio State University. Five years later, they earned jobs at Binghamton University in Upstate New York, where they stayed through retirement.

In the beginning of her career, Luise struggled to secure a tenured position, while her male counterparts – and even her husband – more easily did so. Maternity leave was essentially non-existent, and her workload was nearly double that of her colleagues.

"At the time, I didn't care too much," Luise says. "In retrospect, you know that something was not quite right."

Yet females in mathematics became a focal point for Luise throughout her career, largely by chance.

In 2000, Luise was asked to fill-in last minute for a talk about notable female mathematicians at the 50th anniversary of the New York State Mathematics Teacher Association. After rearranging her schedule and driving 2 hours to make it for the lecture, she presented for an audience of one.

Since that meager showing for her talk, Luise has presented in three languages, on six continents, and in 10 countries. She even gave it as the commencement speech at her alma mater. In each presentation, she reflects on her few female role models, ranging from Hypatia in AD 370 to Emmy Noether, one of the great mathematicians of the 20th century.

Now, Luise hopes that she can also serve as inspiration of the limitless possibilities within mathematics.

"If I can help more females to get involved in mathematics and accepted in the field, then I've done my job," she says.

Luise did more than inspire females in the mathematics field, too. She worked closely with 14 Ph.D. students over the course of her career, assisting them with their own research and propelling them toward their own careers.



Luise with several of her Ph.D. students in the late 1990s.

*"If I can help more females to get involved in mathematics and accepted in the field, then I've done my job."*



"You cannot ask for more in life than making a difference in the lives of other people," she says.

Today, despite officially retiring in 2004 and moving on from mentorship, Luise continues to conduct mathematical research.

"Mathematicians are like oak trees, producing thousands of acorns, of which only a few will develop into trees later on," she says. "Just as one can't tell an oak tree only to produce those acorns that will develop into trees, one can't tell mathematicians to develop only those theories useful for the Einsteins of the future."

For Luise, mathematics was never work. Rather, it was her calling and true passion.

"As a musician would continue to create music, I stay involved with mathematics," she says. "It just fits with me, and there's no limit to it." ☺



*Luise and her family on her 80th birthday in 2014 in Ithaca, New York*



*Luise with audience members after presenting in Rio de Janeiro.*





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