

AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please check Clarity each week for additions and changes.	Events (not movies) listed in <i>ITALICS</i> will be streamed via Channel 1901.	Programs & events marked with * require sign-up with the concierge or in the mailroom.			1 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 4:30PM <i>Shabbat</i> CH 7:30PM Friday Night Film 1902	2 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub PDR 2PM Friday Rerun 1902 3:30PM Pre-Mass Rosary CH 4PM <i>Catholic Mass</i> CH 7:30PM Saturday Night Film 1902
3 10AM <i>Protestant Service</i> CH 2PM Saturday Rerun 1902 4PM Knit & Crochet STU 7:30PM Hitchcock Film Series: <i>Rear Window</i> (1954) 1902	4 9AM <i>Cardio Strength</i> OX 10AM <i>Tai Chi</i> OX 10AM Aqua Fit P 2PM Great Courses: The US Constitution Through History OX 7PM Scrabble AMB	5 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 4PM German Discussion Group SUN 7:30PM Documentary Tuesday: <i>Blink</i> (2025) 1902	6 9AM <i>Big Movements</i> OX 9:45AM Tai Chi OX 10AM Aqua Fit P 1PM Mahjong AMB 1:30PM Canasta AMB 2PM Office Hours with Joanne Malleta 6PM Women Aware Dinner with Cristina Rocca *OX	7 9AM <i>Cardio Strength</i> OX 9:45AM Yoga OX 2PM Aqua Volleyball P 11AM BeMoved OX 1PM Social Bridge AMB 2PM Current Events with Sally Sachar OX 5PM Happy Hour with Newcomer Introductions AMB	8 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 12:30PM Duplicate Bridge *OX 4:30PM <i>Shabbat</i> CH 7:30PM Friday Night Film 1902	9 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun 1902 3:30PM Pre-Mass Rosary CH 4PM <i>Catholic Mass</i> CH 7:30PM Saturday Night Film 1902
10 10AM <i>Protestant Service</i> CH 2PM Saturday Rerun 1902 4PM Knit & Crochet STU 7:30PM Hitchcock Film Series: <i>Strangers on a Train</i> (1951) 1902	11 9AM <i>Cardio Strength</i> OX 10AM <i>Tai Chi</i> OX 10AM Aqua Fit P 2PM Great Courses: The US Constitution Through History OX 4PM Catalano Sudman Piano Performance OX 7PM Great Decisions *OX 7PM Scrabble AMB	12 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 9:45AM Hokusai & Ukiyo-E Exhibition—Cleve Carney Museum of Art *OX 3:30PM Unlocking the Secrets to Longevity and Healthspan—Kim Chalekian OX 4PM German Discussion Group SUN 5PM Music in the Lounge with Ken Shiokawa AMB 7:30PM Documentary Tuesday: <i>Barbara Walters: Tell Me Everything</i> (2025) 1902	13 9AM <i>Big Movements</i> OX 9:45AM Tai Chi OX 10AM Aqua Fit P 11AM Otago Fall Prevention Program *OX 1PM Mahjong AMB 1:30PM Canasta AMB 3PM Town Hall OX	14 9AM <i>Cardio Strength</i> OX 9:45AM Yoga OX 11AM BeMoved OX 1PM Social Bridge AMB 2PM Aqua Volleyball P 3:30PM Gustave Caillebotte: Painting His World with Jeff Nigro OX 5PM Happy Hour AMB	15 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 12:30PM Duplicate Bridge *AMB 1PM Catholic Mass CH 3PM Rebroadcast: Town Hall 1902 4:30PM <i>Shabbat</i> CH 7:30PM Friday Night Film 1902	16 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun 1902 3:30PM Pre-Mass Rosary CH 4PM <i>Catholic Mass</i> CH 7:30PM Special Screening for Thursday's Movie Discussion <i>Juror #2</i> 1902
17 10AM <i>Protestant Service</i> CH 2PM Special Screening for Thursday's Movie Discussion: <i>Juror #2</i> 1902 4PM Knit & Crochet STU 5:30PM Dinner and A Movie: <i>The Ballad of Wallis Island</i> *ABB 7:30PM Hitchcock Film Series: <i>The Birds</i> (1963) 1902	18 9AM <i>Cardio Strength</i> OX 10AM <i>Tai Chi</i> OX 10AM Aqua Fit P 12PM Watch & Jewelry Repair *STU 2PM Great Courses: The US Constitution Through History OX 4PM Readers Theater *OX 7PM Scrabble AMB	19 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 11AM Thanks A Bunch Lunch—Employee Appreciation Event *BIST 4PM German Discussion Group SUN 5:30PM August Birthday Dinner *PDR 7:30PM Documentary Tuesday: <i>Diane von Furstenberg: Woman in Charge</i> (2024) 1902	20 9AM <i>Big Movements</i> OX 9:45AM Tai Chi OX 10AM Aqua Fit P 11AM Otago Fall Prevention Program *OX 1PM Mahjong AMB 1:30PM Canasta AMB 2PM Ice Cream Social with Take Note Barber Shop Quartet OX	21 9AM <i>Cardio Strength</i> OX 9:45AM Yoga OX 10AM-3PM Wendy Nixon's Art & Jewelry Sale STU 11AM BeMoved OX 1PM Social Bridge AMB 2PM Aqua Volleyball P 4PM Movie Discussion with Zbigniew Banas— <i>Juror #2</i> OX 5PM Happy Hour AMB	22 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 11AM Quarantine Book Club PDR 12:30PM Duplicate Bridge *OX 4:30PM <i>Shabbat</i> CH 7:30PM Friday Night Film 1902	23 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun CH 3:30PM Pre-Mass Rosary CH 4PM <i>Catholic Mass</i> CH 7:30PM Saturday Night Film 1902
24/31 10AM <i>Protestant Service</i> CH 12:45PM Ravinia Bus (24) *L 2PM Saturday Rerun 1902 4PM Knit & Crochet STU 7:30PM Hitchcock Film Series: <i>Rebecca</i> (1940) (24)/ <i>Vertigo</i> (1958) (31) 1902	25 9AM <i>Cardio Strength</i> OX 10AM Aqua Fit P 10AM <i>Tai Chi</i> OX 2PM Great Courses: The US Constitution Through History OX 4PM Performance with Destiny Strothers and Nathaniel Van Wienen AMB 7PM Scrabble AMB	26 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 1-4PM Xfinity 1:1 with Account Representative OX 2-4PM Farewell Emily & Welcome Nikki AMB 4PM German Discussion Group SUN 7:30PM Documentary Tuesday: <i>My Mom Jayne</i> (2025) 1902	27 9AM <i>Big Movements</i> OX 9:45AM Tai Chi OX 10AM Aqua Fit P 11AM Otago Fall Prevention Program *OX 11AM Mystery Book Club PDR 1PM Mahjong AMB 1:30PM Canasta AMB 3:30PM Roadrunner Recycling Presentation OX	28 9AM <i>Cardio Strength</i> OX 9:45AM Yoga OX 11AM BeMoved OX 1PM Social Bridge AMB 2PM Aqua Volleyball P 2:30PM Caregiver Support Group SUN 3PM Chen Quartet Performance OX 5PM Happy Hour AMB	29 9AM <i>Balance & Core</i> OX 9:30AM <i>Seated Strength</i> OX 10:40AM Guided Photography Tour at the AIC with Annie Morse *L 12:30PM Duplicate Bridge *OX 4:30PM <i>Shabbat</i> CH 5:30PM Gourmet Dinner *ABB 7:30PM Friday Night Film 1902	30 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun CH 3:30PM Pre-Mass Rosary CH 4PM <i>Catholic Mass</i> CH 7:30PM Saturday Night Film 1902