## AUGUST 2025

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please check Clarity each week for additions and changes.	Events (not movies) listed in <i>ITALICS</i> will be streamed via Channel 1901.	Programs & events marked with * require sign-up with the concierge or in the mailroom.			1 9AM Balance & Core OX 9:30AM Seated Strength OX 4:30PM Shabbat CH 7:30PM Friday Night Film 1902	2 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub PDR 2PM Friday Rerun 1902 3:30PM Pre-Mass Rosary CH 4PM Catholic Mass CH 7:30PM Saturday Night Film 1902
3 10AM Protestant Service CH 2PM Saturday Rerun 1902 4PM Knit & Crochet STU 7:30PM Hitchcock Film Series: Rear Window (1954) 1902	9AM Cardio Strength OX 10AM Tai Chi OX 10AM Aqua Fit P 2PMGreat Courses: The US Constitution Through HistoryOX 7PM Scrabble AMB	9AM Balance & Core OX 9:30AM Seated Strength OX 4PMGerman Discussion Group SUN 7:30PM Documentary Tuesday: Blink (2025) 1902	6 9AM Big Movements OX 9:45AM Tai Chi OX 10AM Aqua Fit P 1PM Mahjong AMB 1:30PM Canasta AMB 2PM Office Hours with Joanne Malleta 6PM Women Aware Dinner with Cristina Rocca *OX	7 9AM Cardio Strength OX 9:45AM Yoga OX 2PM Aqua Volleyball P 11AM BeMoved OX 1PM Social Bridge AMB 2PM Current Events with Sally Sachar OX 5PM Happy Hour with Newcomer Introductions AMB	8 9AM Balance & Core OX 9:30AM Seated Strength OX 12:30PM Duplicate Bridge *OX 4:30PM Shabbat CH 7:30PM Friday Night Film 1902	9 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun 1902 3:30PM Pre-Mass Rosary CH 4PM Catholic Mass CH 7:30PM Saturday Night Film 1902
10 10AM Protestant Service CH 2PM Saturday Rerun 1902 4PM Knit & Crochet STU 7:30PM Hitchcock Film Series: Strangers on a Train (1951) 1902	9AM Cardio Strength OX 10AM Tai Chi OX 10AM Aqua Fit P 2PMGreat Courses: The US Constitution Through HistoryOX 4PM Catalano Sudman Piano Performance OX 7PM Great Decisions *OX 7PM Scrabble AMB	9AM Balance & Core OX 9:30AM Seated Strength OX 9:45AM Hokusai & Ukiyo-E Exhibition—Cleve Carney Museum of Art *OX 3:30PM Unlocking the Secrets to Longevity and Healthspan—Kim Chalekian OX 4PMGerman Discussion Group SUN 5PM Music in the Lounge with Ken Shiokawa AMB 7:30PM Documentary Tuesday: Barbara Walters: Tell Me Everything (2025) 1902	9AM Big Movements OX 9:45AM Tai Chi OX 10AM Aqua Fit P 11AM Otago Fall Prevention Program *OX 1PM Mahjong AMB 1:30PM Canasta AMB 3PM Town Hall OX	9AM Cardio Strength OX 9:45AM Yoga OX 11AM BeMoved OX 1PM Social Bridge AMB 2PM Aqua Volleyball P 3:30PM Gustave Caillebotte: Painting His World with Jeff Nigro OX 5PM Happy Hour AMB	9AM Balance & Core OX 9:30AM Seated Strength OX 12:30PM Duplicate Bridge *AMB 1PM Catholic Mass CH 3PM Rebroadcast: Town Hall 1902 4:30PM Shabbat CH 7:30PM Friday Night Film 1902	9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun 1902 3:30PM Pre-Mass Rosary CH 4PM Catholic Mass CH 7:30PM Special Screening for Thursday's Movie Discussion Juror #2 1902
17 10AM Protestant Service CH 2PM Special Screening for Thursday's Movie Discussion: Juror #2 1902 4PM Knit & Crochet STU 5:30PM Dinner and A Movie: The Ballad of Wallis Island *ABB 7:30PM Hitchcock Film Series: The Birds (1963) 1902	18 9AM Cardio Strength OX 10AM Tai Chi OX 10AM Aqua Fit P 12PM Watch & Jewelry Repair *STU 2PMGreat Courses: The US Constitution Through HistoryOX 4PM Readers Theater *OX 7PM Scrabble AMB	9AM Balance & Core OX 9:30AM Seated Strength OX 11AM Thanks A Bunch Lunch— Employee Appreciation Event *BIST 4PMGerman Discussion Group SUN 5:30PM August Birthday Dinner *PDR 7:30PM Documentary Tuesday: Diane von Furstenberg: Woman in Charge (2024) 1902	20 9AM Big Movements OX 9:45AM Tai Chi OX 10AM Aqua Fit P 11AM Otago Fall Prevention Program *OX 1PM Mahjong AMB 1:30PM Canasta AMB 2PM Ice Cream Social with Take Note Barber Shop Quartet OX	21 9AM Cardio Strength OX 9:45AM Yoga OX 10AM-3PM Wendy Nixon's Art & Jewelry Sale STU 11AM BeMoved OX 1PM Social Bridge AMB 2PM Aqua Volleyball P 4PM Movie Discussion with Zbigniew Banas—Juror #2 OX 5PM Happy Hour AMB	9AM Balance & Core OX 9:30AM Seated Strength OX 11AM Quarantine Book Club PDR 12:30PM Duplicate Bridge *OX 4:30PM Shabbat CH 7:30PM Friday Night Film 1902	9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun CH 3:30PM Pre-Mass Rosary CH 4PM Catholic Mass CH 7:30PM Saturday Night Film 1902
24/31 10AM Protestant Service CH 12:45PM Ravinia Bus (24) *L 2PM Saturday Rerun 1902 4PM Knit & Crochet STU 7:30PM Hitchcock Film Series: Rebecca (1940) (24)/ Vertigo (1958) (31) 1902	25 9AM Cardio Strength OX 10AM Aqua Fit P 10AM Tai Chi OX 2PMGreat Courses: The US Constitution Through HistoryOX 4PM Performance with Destiny Strothers and Nathanial Van Wienen AMB 7PM Scrabble AMB	26 9AM Balance & Core OX 9:30AM Seated Strength OX 1-4PM Xfinity 1:1 with Account Representative OX 2-4PM Farewell Emily & Welcome Nikki AMB 4PMGerman Discussion Group SUN 7:30PM Documentary Tuesday: My Mom Jayne (2025) 1902	27 9AM Big Movements OX 9:45AM Tai Chi OX 10AM Aqua Fit P 11AM Otago Fall Prevention Program *OX 11AM Mystery Book Club PDR 1PM Mahjong AMB 1:30PM Canasta AMB 3:30PM Roadrunner Recycling Presentation OX	28 9AM Cardio Strength OX 9:45AM Yoga OX 11AM BeMoved OX 1PM Social Bridge AMB 2PM Aqua Volleyball P 2:30PM Caregiver Support Group SUN 3PM Chen Quartet Performance OX 5PM Happy Hour AMB	9AM Balance & Core OX 9:30AM Seated Strength OX 10:40AM Guided Photography Tour at the AIC with Annie Morse *L 12:30PM Duplicate Bridge *OX 4:30PM Shabbat CH 5:30PM Gourmet Dinner *ABB 7:30PM Friday Night Film 1902	30 9AM Walking Group L 9:15AM BeMoved Fitness OX 11:30AM Yoga OX 1:30PM Rummikub AMB 2PM Friday Rerun CH 3:30PM Pre-Mass Rosary CH 4PM Catholic Mass CH 7:30PMSaturday Night Film 1902

## August 2025

#### Happy Birthday!

- Bill Elsbury
- Onur Melen
- Jan Linn
- Tom Lawson
- Michael Fain
- Marcia Spector Jon DeMoss
- 10 Anne Laubscher
- David Maher
- 15 Bonnie Pritchard
- Meta Berger
- Luise Kappe Vivien Lee
  - Dr. Laura Maurer
- Bob Day
  - Sallie Pasquinelli Linda Shakno
- Colgate Holmes
- Mary Grimaldi
- Sally Park
- Judith Darley
- Art Lerner\*
- 26 Bruno Pasquinelli Steve Molinari
- \*Indicates former IL Resident residing in The Terraces

#### Important Events

Resident Council will not have its regular meeting in August. The normal schedule will resume in September!

Town Hall with Director Feature—Nikki

Gamble—August 13; 3PM

Farewell Emily & Welcome Nikki:

Reception—Tuesday, August 26 from 2-

## Outings Requiring Sign Up

Sign up with the Concierge or with the Resident Experience Office to attend these outings!

- Cleve Carney Museum of Art at the College of DuPage: Hokusai & Ukiyo-E Exhibition—Tuesday, August 12
- Ravinia Bus—Sunday, August 24
- Guided Photography Tour at the AIC with Annie Morse—Friday, August 29

## NEW! Monthly Birthday

Calling all August Birthdays! The Clare will begin hosting a monthly dinner for residents with birthdays during that month, starting with August! On the third Tuesday of each month, those with birthdays can sign up in the black binder to attend a special dinner in the PDR in celebration of their birthday! Attendees will order from the Grafton Menu, and The Clare will provide Prosecco for a toast and a special dessert. Tuesday, August 19 at 5:30pm in the PDR. Sign-up is limited to those with birthdays in that month ONLY!

### Resident to Resident Helpers

Jo-Ann Michalak (617) 851-3282 Jan Linn (312) 375-9324

#### Location Guide

ABB Abbev (53)

ABER Aberdeen Room (16) Ambassador Lounge (17)1 **BIST** Bistro Dining Room (9) **BRD** Boardroom (19)

CH Chapel (19)

1901 Channel 1901 on Comcast 1902 Channel 1902 on Comcast FC

Fitness Center (9) **GRAF** Grafton Dining Room (17)

Lobby Level LIB Library (19) OXOxford Room (19)

Ρ Pool (9)

PDR Private Dining Room (17)

STU The Studio (19) SUN Sunroom (16) **TERR** Outdoor Terrace (9) Zoom Link on Odyssey



# August 2025

Gold Coast Retirement Living. Your Way.

55 E. Pearson (at Rush & Pearson Streets) • Chicago • www.theclare.com